

BLADDER SYMPTOM QUESTIONNAIRE

1. Which symptoms best describe you? Check all that apply.
- Frequent urination – day, night or both
 - Sudden or strong urge to urinate
 - Leakage with little or no warning – sometimes unable to make it to the bathroom in time
 - Unable to completely empty bladder – feels like there is more even after going to the bathroom
 - Accidental leakage with physical activity—exercising, sneezing, or coughing
 - Bladder or pelvic pain
 - Problems with bowel function (if checked, please select symptom below)
 - Accidental loss or leakage of stool
 - Constipation
 - Other
 - No bladder or bowel problems (if checked, please discontinue questionnaire)

2. How long have you had these symptoms? _____

3. Have you tried medications to help your symptoms? Yes No

4. If yes, how many different medications have you tried? _____

5. On a scale of 0 to 10, with 0 being no symptom relief and 10 being complete symptom relief, how much symptom relief have these medications provided for you? Circle number.

0	1	2	3	4	5	6	7	8	9	10
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No Relief

Complete Symptom Relief

6. Are you still taking any of these medications? Yes No

7. If no, why have you stopped taking them?

- Did not work as well as expected
- Side effects
- Expense
- Interaction with other medication
- Other

8. If 'Side effects' or 'Other' checked, please explain: _____

9. Behaviour modifications tried? _____
(i.e. reduced fluid intake, caffeine reduction, Kegel exercises, physical therapy, or lifestyle)

10. On a scale of 0 to 10, with 0 being no frustration at all and 10 being extremely frustrated, what is your level of frustration with your bladder control symptoms? Circle a number.

0	1	2	3	4	5	6	7	8	9	10
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Not Frustrated

Extremely Frustrated

11. Are you interested in learning more about additional treatment alternatives to bladder medications? Yes No

Talk to your doctor about your bladder control problems and share these results with him/her. Sometimes a referral to a specialist for further investigations may be required to confirm your bladder control problems how best to manage it.

SPECIALISTS FOR BLADDER CONTROL IN AUSTRALIA

SPECIALISTS	ADDRESS	SUBURB	STATE	POSTCODE	TEL	FAX
Dr Ahmad Al-Sameraai	North Canberra Urology Suite 2, Level 2, Equinox 1 70 Kent Street	Deakin	ACT	2600	(02) 6154 5454	(02) 6162 1008
Dr Gias Ahmed	Hunter Valley Urology Suite 6, Maitland Specialist Centre 173 Chisholm Road	East Maitland	NSW	2323	(02) 4934 7333	
Dr Danielle Delaney	North Shore Private Hospital AMA House Suite 107 69 Christie Street	St Leonards	NSW	2065	(02) 9439 1301	(02) 9439 2607
Dr Neil Joshi	Coffs Medical Specialists 10 Glenreagh Street	Coffs Harbour	NSW	2450	(02) 6652 2886	(02) 6699 2335
Dr Dominic Lee	Hurstville Private Hospital 37 Gloucester Road	Hurstville	NSW	2230	(02) 8046 8040	(02) 9587 4899
	Waratah Private Hospital Suite 702 Level 7 31 Dora Street	Hurstville	NSW	2220		
	Level 3 531 Kingsway	Miranda	NSW	2228		
Dr William Lynch	St George Medical Complex Suite 5, Level 3	Kogarah	NSW	2217	(02) 9553 7110	
Dr Jane Manning	Coast Pelvic Floor Clinic 317 Parkway Avenue	Hamilton	NSW	2303	(02) 4940 8069	
Dr Tru Ngo	Shire Urology Suite 1 16 Gibb Street	Miranda	NSW	2228	(02) 9525 0383	(02) 9540 3319
Dr Gerard Testa	Shire Urology Suite 1 16 Gibb Street	Miranda	NSW	2228	(02) 9525 6455	(02) 9540 3319
Dr Clair Whelan	Central West Urology 171 Edward Street	Orange	NSW	2800	(02) 6361 4963	(02) 6362 8409
Dr Caron Forde	St Andrew's War Memorial Hospital 457 Wickham Terrace	Spring Hill	QLD	4000	(07) 3831 5315	
Dr Andrew Hadley	Redlands Mater Hospital Bayside Urology Suite 1 16 Weipin St	Cleveland	QLD	4163	(07) 3163 7400	(07) 3163 7401
Dr Philip Hall	St Andrews War Memorial Hospital Ground Floor 457 Wickham Terrace	Spring Hill	QLD	4000	(07) 3831 0519	(07) 3834 4471
Dr Anthony Kiosoglous	Wesley Medical Centre, Suite 42, Level 4, 40 Chasely St	Auchenflower	QLD	4066	(07) 3720 6960	(07) 3720 6961
A/Prof Christopher Maher	Wesley Urogynaecology Sandford Jackson Building Suite 86/Lvl4 30 Chasely St	Auchenflower	QLD	4066	(07) 3876 7272	(07) 3871 1128
Dr Jo Schoeman	St Andrews War Memorial Hospital 457 Wickham Terrace	Spring Hill	QLD	4001	(07) 3831 9049	(07) 3834 4471
Dr Christopher Tracey	Allamanda Private Hospital/GC Urology Osler House Suite 6 16 Tweed St	Southport	QLD	4215	(07) 5532 4644	(07) 5532 4839
Dr Hin-Wai Yap	St Andrews Hospital Suite 28 280 North Street	Toowoomba	QLD	4350	(07) 4633 7800	
Dr John Bolt	South Terrace Urology 326 South Terrace	Adelaide	SA	5000	(08) 8223 1472	(08) 8232 3316
Dr Ailsa Wilson Edwards	Continence Matters Calvary Hospital Ground Fl 89 Strangways Tce	North Adelaide	SA	5006	(08) 8239 9109	(08) 8239 9464
Dr Samantha Pillay	Continence Matters Calvary Hospital Ground Fl 89 Strangways Tce	North Adelaide	SA	5006	(08) 8239 9109	(08) 8239 9464
Dr Ian Tucker	128 Fullarton Road	Norwood	SA	5067	(08) 8332 1111	(08) 8332 5586
Dr Anthony Eaton	Eaton Urology 12 Joynton Street	Lenah Valley	TAS	7008	(03) 6228 2111	(03) 6228 2411
Dr Salwan Al-Salihi	Suite 7, Level 2 20 Flemington Road	Parkville	VIC	3051	(03) 9347 9909	
Dr Janelle Brennan	Goldfields Urology 38 Myers Street	Bendigo	VIC	3550	(03) 5441 3130	(03) 5441 8642
Dr Marcus Carey	The Royal Women's Hospital Suite B Level 2 Frances Perry House 20 Flemington Rd	Parkville	VIC	3052	(03) 9344 5099	(03) 9344 5299
Dr Alison De Souza	Epworth Freemasons, Mery Hospital for Women 145 Victoria Pde	Fitzroy	VIC	3065	(03) 9419 9699	
Dr Caroline Dowling	Malvern Hill Consulting 1039 Malvern Road	Toorak	VIC	3142	(03) 9188 3690	(03) 9824 6991
Professor Peter Dwyer	Mercy Hospital for Women 13 Brunswick Street	Fitzroy	VIC	3065	(03) 9416 2469	(03) 9416 2472
Dr Johan Gani	Melbourne Bladder Clinic 49 Erin Street	Richmond	VIC	3121	(03) 9428 2232	(03) 9428 2234
Dr Jos Jayarajan	North Eastern Urology Level 3, 10 Martin Street	Heidelberg	VIC	3084	(03) 9457 4445	(03) 9457 5773
Dr Jeanette Lim	Royal Women's Hospital Melbourne Ballarat Health Services	Ballarat	VIC	3350	(03) 5320 2911	
Dr Yik Lim	Mercy Hospital for Women Private Rooms 16 Martin Street	Heidelberg	VIC	3084	(03) 9457 3100	(03) 9457 5994
Dr Madalena Liu	Knox Private Hospital Suite 1 262 Mountain Highway	Wantirna	VIC	3152	(03) 9210 7988	(03) 9210 7925
Dr Kathryn McLeod	West Coast Urology Suite 1, Level 1 83 Myers St	Geelong	VIC	3550	(03) 5229 8550	(03) 5221 6091
Dr Anna Rosamilia	Suite 8 Cabrini Private Hospital 183 Wattletree Road	Malvern	VIC	3144	(03) 9509 6500	
Dr Trenton Barrett	Perth Urology Clinic Suite 15, Hollywood Medical Centre 85 Monash Avenue	Nedlands	WA	6009	(08) 9322 2435	(08) 9322 5358
Dr Phil Daborn	Suite 5, 400 Barker Road	Subiaco	WA	6008	(08) 9382 2055	
Dr Tanya Ha	Paragon Specialists Suite 43 Wexford Medical Centre 3 Barry Marshall Parade	Murdoch	WA	6150	(08) 9313 8830	(08) 9313 8850
Dr Elayne Ooi	Swan Urology 249 Scarborough Beach Road	Mt Claremont	WA	6010	(04) 2223 4540	
Dr Aleksandra Vujovic	Bell Castle Specialist Centre 87 Guildford Road	Mount Lawley	WA	6050	(08) 92719066	(08) 9271 0409

Visit www.restoreyourfreedom.com.au/physician-finder/index.htm for more

Please note: The list was obtained from the website above on the 15 June 2017. This is not a comprehensive list of incontinence specialists as there will be regular updates to the website. Please visit www.restoreyourfreedom.com.au/physician-finder/index.htm for an updated list of specialists near you. Inclusion in this list does not imply that the doctor endorses Medtronic products. These physicians will require a referral from your GP. Medtronic provides this listing as a service to potential patients; we have no vested interest in any specific physicians, nor do we provide any assurance or guarantee with respect to their service.

IMPORTANT SAFETY INFORMATION

Refer to technical manual and Instruction for Use (IFU) for complete list of indications, contraindications, warnings and precautions.

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